



**STAR CLUB  
NEW YEAR HEAD OF THE RIVER**

Race Committee: Ian Donald (Chairman), Simon White (Umpire), David Johnson (Umpire) David Dixon (Umpire).

Organising Committee: Nicky Durrant (Secretary), David Dixon, Simon White, Ian Donald, Bob Clark (Safety Adviser), Steve Sangster, George French, Clive Thompson, Simon Clark.

Welcome. We hope you have a successful and enjoyable day. Safety is of paramount concern. Please read carefully the following which contains important information and instructions regarding safety.

IN AN EMERGENCY the nearest official will take charge summoning any additional help as deemed necessary. If you see an accident give assistance if this looks necessary; you will be allowed to race again without penalty if you render assistance to a crew in distress.

IN THE EVENT OF A CAPSIZE the marshals and monitors will alert the safety crews. It is generally safest to stay with your boat until assistance arrives. All marshals and monitors are equipped with throw lines and there will be a safety boat on patrol on the river throughout the event.

IN THE EVENT OF AN ACCIDENT OCCURRING ON LAND contact the nearest official (see maps) or go to Star Club.

RESPONSIBILITY OF COMPETITORS. Individuals must be members of British Rowing, be able to swim at least 50 metres in rowing kit, and if coxing wear an approved life jacket. All boats must have heel restraints and a securely fastened bow-ball. Ensure that all hatches are securely fastened before boating. **Please make sure that your crew numbers are securely attached with four safety pins. Star Club will not be responsible if the start and finish judges cannot record your time due to your number being obscured.**

PARKING. TO BE ADVISED SEPARATELY.

KEY PERSONNEL. Control and First Aid at Star Club. First Aid will also be positioned at the Schools' Boathouse.

BOATING. Please boat 45 minutes before your division time. If you are below Star Club 10 minutes before your division start time Marshals may prevent you from boating and you may be moved to another division or disqualified.

J13, WJ13, J14 and WJ14 Octuples, Quads, Doubles and Singles are racing in Division 3 only, over a slightly shorter course starting at County Bridge. Please progress upstream of Twin Bridges and await direction from the Marshals. **COACHES – PLEASE ACCOMPANY YOUR YOUNGER CREWS**

AT THE START. Progress upstream of the Hitchin Bridge and await instructions from the marshals.

**WHILE RACING.** Overtaking before Hitchin Bridge is discouraged. However it will be accepted if slower boats are not impeded in any way. Thereafter overtaking is only on the stroke side of the boat you are overtaking.

**PLEASE NOTE THAT BOTH MIDDLE ARCHES OF THE TOWN BRIDGE ARE TO BE USED.**

AT THE FINISH. Progress as far downstream as traffic allows and follow the instruction of the marshals. Crews failing to obey marshals' instructions will be given a time penalty.

AT OTHER TIMES. When moving upstream to the start or from the finish, keep to the right of the river.

**REMEMBER, SAFETY COMES FIRST AT ALL TIMES**